

# Calhoun County Schools

## Breakfast

November 2014

Oct 30, 2014

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 3 Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 4 Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Nov - 5 Egg Cheese Biscuit OR Cereal Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Nov - 6 Pancake Pups OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 7 Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Nov - 10 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 11 Veterans' Day	Nov - 12 Waffle Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 13 Breakfast Pizza OR Poptart Yogurt With Fruit Choice With Juice Assorted Milk Choice	Nov - 14 Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Nov - 17 Muffin, WG Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 18 Pancakes Sausage Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 19 Sausage Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 20 Burrito, Breakfast OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Nov - 21 Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice
Nov - 24 Poptart Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 25 Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Nov - 26 Thanksgiving Holiday	Nov - 27 Thanksgiving Holiday	Nov - 28 Thanksgiving Holiday

This institution is an equal opportunity provider  
Menu subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**